



Food service times 12-2.30pm and 6-8pm

Starters

SMOOTH CHICKEN LIVER PATE	£9
suffolk chutney toasted focaccia bread gfa, nf	
LOCALLY SMOKED HADDOCK & QUAILS EGG BON BON	£10
smoked cheddar velouté crispy leeks local pea shoots chive oil nf	
GAMBAS PIL-PIL	£12
king prawns cooked in chilli flakes garlic olive oil paprika lemon wedge speciality breads gfa, dfa, nf	
STICKY BELLY PORK BITES	£9
lightly spiced bbq sauce spring onions sesame seeds crispy onions nf, df	
SWEET POTATO BHAJI	£9
split red lentil dahl coriander and mango drizzle nf, vg, gf, df	

Mains

FRESH BATTERED FISH GOUJONS	£16
skinny fries garden peas lemon wedge pea shoots gfa, nf, df	
CHARGRILLED 6oz IRISH DEXTER BEEF BURGER OR CAJUN CHICKEN BURGER	£16
brioche bun applewood cheddar dry cured streaky bacon baby gem tomato red onion dill pickles chipotle mayo homemade fennel slaw skinny fries nf	
CHARGRILLED 8oz DRY AGED SIRLOIN STEAK	£28
watercress garlic buttered mushrooms tomato compote crispy onions tenderstem broccoli sautéed potatoes nf, gfa	
PAN FRIED MEDALLIONS OF PORK	£18
spring onion mashed potato honey and thyme roasted carrots tenderstem broccoli wasabi and watercress puree redcurrant reduction nf, gf	
MOVING MOUNTAINS PLANT BASED BURGER	£15
toasted vegan bun vegan smoked applewood cheddar vegan chipotle mayo baby gem tomato red onion dill pickles homemade fennel slaw skinny fries nf, vg, df	
OVEN BAKED HAKE	£18
lemon and dill butter sauce charred baby gem buttered new potatoes fine beans gf, nf	
CHARGRILLED CHICKEN BREAST	£17
parmesan mashed potato honey and thyme roasted carrots tenderstem broccoli spiced tomato sauce crispy chicken skin nf, gf	
SPICED SMOKEY TOMATO LINGUINE	£15
roasted courgette, pepper and baby spinach parmesan crisp basil leaves toasted pine nuts vga, nfa, dfa	
CHARGRILLED LEG OF LAMB STEAK	£21
sautéed potatoes tenderstem broccoli watercress and a choice of chimichurri or a redcurrant reduction nf, gf	
GRILLED RED MULLET FILLET	£17
thai red curry sauce sautéed vegetables coconut and lime rice coriander gf, nf	

Flatbreads

flatbreads are only available at lunch times, from 12-2.30pm

all flatbread are filled with mixed lettuce, red onion, tomato and dill pickles and served with skinny fries.

CHICKEN TENDERS BACON AND CHORIZO JAM CHIPOTLE MAYO nf	£13
EMMENTAL SMOKED HAM BRANSTON PICKLE nf	£13
TUNA AND CHIVE MAYONNAISE nf, gfa	£12
CRAYFISH AND ATLANTIC PRAWN WITH A LEMON AND DILL MAYONNAISE nf, gfa	£14
GRILLED HALLOUMI ROASTED RED PEPPER HUMMUS CHILLI MAYONNAISE v, vga, gfa, nf	£13
PLANT BASED BBQ STRIPS FRIED ONIONS SMOKED CHEDDAR dfa, vga	£13

Sides

SKINNY FRIES gf, nf, df, vg	£4	HOUSE SALAD gf, nf, df, v	£5
NEW POTATOES gf, nf, v, vga, dfa	£5	SPECIALITY BREADS nf, v	£4
SAUTEED POTATOES nf, df, vg	£4	VEGETABLE BOWL gf, nf, dfa, v, vga	£4

Desserts

PISTACHIO SPONGE	£9
torn pistachio sponge chocolate mousse lime gel baileys cream pistachio crumb v	
APPLE, PEAR AND CINNAMON CRUMBLE TART	£9
pear gel vanilla pod anglaise v, nf	
CHOCOLATE & RASPBERRY CHEESECAKE	£9
raspberry sorbet chocolate popping candy chocolate pencil gf, vga	
LOCAL CHEESE BOARD	£14
binham blue norfolk dapple baron bigod mixed crackers celery chutneys candied nuts olives grapes fresh figs butter gfa, va, nfa	
PARRAVANI'S ICE-CREAMS	£7
a choice of three scoops - strawberry double chocolate chip vanilla mint chocolate chip gf, nf, v	
PARRAVANI'S SORBETS	£7
a choice of three scoops - raspberry lemon orange nf, df, gf, vg	
DESSERT WINE: PEDREGOSA LATE HARVEST, TABALI 75ml	£4
rich, juicy and uplifting dessert wine; the perfect partner to our puddles!	

Please see our drinks menu for our selection of hot drinks

Allergens

v - vegetarian | va - vegetarian alternative available | vg - vegan | vga - vegan alternative available

nf - nut free | nfa - nut free alternative available

gf - gluten free | gfa - gluten free alternative available | df - dairy free | dfa - dairy free alternative available

All our food is freshly prepared in a kitchen where nuts and other allergens are used.

A list of all major allergens for each of our dishes is available on request.

Please state any dietary requirements upon ordering.