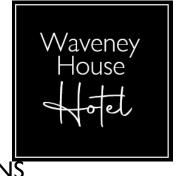
### **FOOD SERVICE TIMES**

Sunday— Thursday 12PM - 2:30PM / 6PM-8PM

Friday & Saturday 12PM-2:30PM/6PM-8:30PM



## <u>MAINS</u>

## **STARTERS**

### **DEEP FRIED HALLOUMI**

£10

roasted red pepper | courgette, chilli & mango salad | roasted spiced chickpeas | v, gf, nf, vga

#### **GAMBAS PIL-PIL**

£12

king prawns cooked in chilli flakes, garlic, olive oil, white wine, butter, lemon juice & paprika | parsley | lemon wedge | toasted breads | gfa, nf, dfa

### MUSHROOM ON TOAST

£9

pan fried mushrooms | garlic butter | crumbled Binham Blue | toasted ciabatta bread | nf, gfa, v

### **SMOKED HADDOCK GRATIN**

*f* 10

toasted ciabatta | smoked haddock & smoked cheese gratin | poached egg | sliced tomato | rocket | nf

### **PORK BELLY BITES**

£10

Smoked sticky bbq sauce | stir-fried vegetables | spring onions | crackling | crispy onions | nf, gfa, df

## <u>FISH</u>

### FISH OF THE DAY

£17

battered fillet of fish | chunky chips | minted mushy peas | lemon | pea shoots | gfa, nf, df

### BAKED FILLET OF SALMON

£18

Fennel, orange, onion, peanut & rocket salad | hasselback baby new potatoes | orange gel | gf, df

### **GRILLED FILLET OF SEABREAM**

£19

Potato gnocchi | summer green vegetables | pesto sauce | toasted pine nuts | pea shoots |

### **FISH SLATE**

£24

Smoked local prawns | local smoked salmon | peppered mackerel | prawn & crayfish in a lemon & dill mayo | dressed salad | caper berries | skinny fries | breads | nf, gfa, dfa

## CHARGRILLED 60z IRISH DEXTER BEEF BURGER

£17

brioche bun | applewood cheddar | dry cured smoked streaky bacon | baby gem | tomato | crispy onions | dill pickles | chipotle mayo | homemade fennel slaw | skinny fries | nf

## CHARGRILLED 80z 28 DAY DRY AGED SIRLOIN STEAK

£29

baby leaf, sun dried tomato, crispy onion & caper berry salad | skinny fries | crayfish salsa | nf, gfa

#### PAN FRIED CHICKEN BREAST

£18

crushed new potatoes | wilted spinach, bok choi & courgette ribbons | sticky lemon, honey & thyme sauce | nf, dfa, gf

### SPICED SWEET POTATO, SPINACH,

### **CHICKPEA & APRICOT TAGINE**

£16

spiced cous cous | warm flat bread | toasted flaked almonds | v, df, vg

## MOVING MOUNTAINS PLANT

### **BASED BURGER**

£16

toasted vegan bun | vegan smoked applewood cheddar | chipotle mayo | baby gem | tomato | crispy onions | dill pickles | homemade fennel slaw | skinny fries | nf, vg, df

### SPINACH & RICOTTA TORTELLACCI £16

roasted red pepper, sun blushed tomato, black olive | red pesto cream sauce | tomato & basil focaccia | crispy basil leaves | v

## **SUMMER SALADS**

baby leaf | sundried tomatoes | cucumber | new potatoes | Spring onions | dill pickles | crispy onions | house dressing

See Specials board for the toppings of the day....

## FLATBREADS / SANDWICHES

CHOICE OF EITHER WARM FLATBREAD OR WHITE / GRANARY BREAD

SERVED FROM 12PM / 2:30PM ONLY.

CHICKEN TENDERS | BUFFALO HOT SAUCE |

BLUE CHEESE DRESSING | CRISPY

ONIONS | SALAD | nf £13.50

SMOKED SALMON | WHIPPED GOATS CHEESE |

BEETROOT GLAZE | SALAD | nf, gfa £13

CRAYFISH AND PRAWN | LEMON AND SIDES

DILL MAYO | SALAD | nf, gfa £14.50 SKINNY FRIES | gfa, nf, df, vg £4

GRILLED HALLOUMI | SALAD | CRISPY ONIONS | HOUSE SALAD | gf, nf, df, v £5

SWEET CHILLI | v, vga, dfa, gfa, nf £12.50 NEW POTATOES | gf, nf, v, vga, dfa £4

TUNA MAYONNAISE & CHIVE | SPECIALITY BREADS | nf, v £4

CHUNKY CHIPS | nf, gfa, df, vg £4

df, nf, gfa

df, nf, gfa

f12.50

CHUNKY CHIPS | nf, gfa, df, vg 

£4

VEGETABLE BOWL | gf, nf, dfa, v, vga £4

OLIVES IN GARLIC | gf, nf, df, v, vg £4

ALL SERVED WITH A SIDE OF SKINNY FRIES

## **DESSERTS**

MIXED BERRY CHEESECAKE £10

Blackberry gel | macerated berries | blackcurrant sorbet | gfa, df, vga, nf

LEMON POSSET TART £9

Chantilly cream | raspberry gel | raspberries | strawberries | nf, v

CHOCOLATE & HAZELNUT TORTE £9

Coco cream | candied hazelnut | choc popping candy | chocolate tuile | v

LOCAL CHEESE BOARD £14

Binham Blue | Norfolk Dapple | Baron Bigod |

mixed crackers | celery | chutneys | candied nuts | grapes | fresh figs | butter | gfa, v, nf

PARRAVANI'S ICE-CREAMS £2.50 per scoop

a choice of one, two or three scoops - strawberry | double chocolate chip | vanilla | mint chocolate chip | gf, nf, v

PARRAVANI'S SORBETS £2.50 per scoop

a choice of one, two or three scoops - raspberry | lemon | orange | blackcurrant | nf, df, gf, vg

DESSERT WINE: Palazzina Moscato d'Asti Vendemmia Tardiva 75ml

A nose of intense lemon curd, marmalade, & citrus peel with lightly floral notes

# Please see our drinks menu for our selection of hot drinks Allergens

v - vegetarian  $\mid$  va - vegetarian alternative available  $\mid$  vg - vegan  $\mid$  vga - vegan alternative available

nf - nut free | nfa - nut free alternative available

gf - gluten free gfa - gluten free alternative available df - dairy free dfa - dairy free alternative available

All our food is freshly prepared in a kitchen where nuts and other allergens are used.

A list of all major allergens for each of our dishes is available on request.

Please state any dietary requirements upon ordering.

